lodine-125 seeds insertion with trans-arterial chemical infusion for advanced lung cancer: a meta-analysis

Jiao Hong, MD, Yi-Bing Shi, MD, Yu-Fei Fu, MD, Lu-Lu Yang, MD Department of Radiology, Xuzhou Central Hospital, Xuzhou, China

Abstract

Purpose: Local treatments, including iodine-125 (¹²⁵I) seeds insertion (ISI) and trans-arterial chemical infusion (TAI), were used for advanced non-small-cell lung cancer (NSCLC) or small-cell lung cancer (SCLC) cases. The present meta-analysis investigated the clinical efficacy of combined TAI and ISI for advanced lung cancer (LC).

Material and methods: This meta-analysis was performed according to preferred reporting items for systematic reviews and meta-analyses (PRISMA) statement. Relevant studies were searched in PubMed, Embase, Cochrane Library, CINK, Wanfang, and VIP (until October 2021) databases, using the following key words: (((((Iodine-125) OR (I125)) OR (125I)) OR (brachytherapy)) AND ((lung cancer) OR (NSCLC))) AND (chemotherapy). Outcomes included complete response rate (CRR), treatment success rate (TSR), disease control rate (DCR), 1-year survival rate, 2-year survival rate, overall survival (OS), and treatment-related toxicity. RevMan v. 5.3 and Stata v. 12.0 were applied for meta-analysis.

Results: Eight studies were included in the evaluation. Three hundred and seventy-seven patients underwent combined TAI and ISI treatment (combined group), while 397 patients underwent TAI alone (TAI alone group). The pooled CRR (p = 0.001), TSR (p < 0.00001), DCR (p < 0.00001), 1-year survival rate (p < 0.00001), OS duration (p = 0.0002), and gastrointestinal reaction rate (p = 0.02) were superior in combined group. The pooled 2-year survival rate increased in combined cohort than in TAI alone group (p = 0.08). The pooled myelosuppression rates were comparable between the 2 groups (p = 0.29). Publication bias was not found in any of endpoints.

Conclusions: ISI can enhance TAI clinical efficacy in clinical cases of advanced LC, excluding severe adverse events.

J Contemp Brachytherapy 2022; 14, 4: 403–410 DOI: https://doi.org/10.5114/jcb.2022.118117

Key words: lung cancer, ¹²⁵I seed, trans-arterial chemical infusion, treatment response.

Purpose

Globally, lung cancer (LC) predominates cancerassociated mortalities [1-3]. Approximately 80% of LCs are inoperable due to advanced tumor stage [2]. Systematic chemotherapy and/or radiotherapy are commonly used for inoperable LCs [1-3]. However, many patients cannot withstand such intense and systematic treatment due to older age and/or frail body conditions [4]. Moreover, traditional external radiotherapy is typically correlated with additional adverse effects. Furthermore, radiation dosing can be restricted due to distance of such tumors from neighboring normal tissue and essential organs [5].

Along with the development of interventional therapy, computed tomography (CT)-guided iodine-125 (¹²⁵I) seeds insertion (ISI) and trans-arterial chemical infusion (TAI) have been widely used for advanced non-smallcell LC (NSCLC) [4-10]. The advantages of interventional therapies include mini-invasive nature and lower treatment-related toxicity. However, clinical efficacy of TAI and ISI alone is limited [4,6,7]. Therefore, many researchers combined TAI and ISI to treat advanced LC cases [11-18]. However, dataset outcomes from an individual investigation could be affected by multiple parameters, thus, a meta-analysis is required to reduce bias and enhance statistical power displayed by reduced cohort size investigations.

Here, we present results of meta-analysis to evaluate the practical effectiveness of combined TAI/ISI in advanced LC.

Material and methods

This meta-analytical investigation complied with preferred reporting items for systematic reviews and metaanalyses (PRISMA) statement [19]. Investigational protocol was submitted at INPLASY.COM (INPLASY-2021110058).

Address for correspondence: Lu-Lu Yang, MD, Department of Radiology, Xuzhou Central Hospital, 199 Jiefang Road, Xuzhou, China, phone: +86-0516-83956834, 🛛 e-mail: yanglulu1987@yeah.net Received: 06.12.2021 Accepted: 29.06.2022 Published: 13.07.2022

Study selection

Relevant studies were searched in PubMed, Embase, Cochrane Library, CINK, Wanfang, and VIP (until October 2021) databases, using the following keywords: (((((Iodine-125) OR (I125)) OR (125I)) OR (brachytherapy)) AND ((lung cancer) OR (NSCLC))) AND (chemotherapy).

This meta-analysis encompassed the following reports:

1. Investigation type: comparative studies.

2. Disease: advanced LC (tumor stage \geq III).

3. Types of interventions: TAI with ISI vs. TAI alone.

4. Languages: not limited.

The following articles were eliminated from this metaanalysis:

1. Single-arm studies, case reports, reviews, and experimental studies.

2. Studies without English titles or abstracts.

Quality assessment

Randomized controlled trials (RCTs) were evaluated using Cochrane risk of bias tool [20]. RCT bias was assessed from performance bias, attrition, detection, selection, reporting, and other sources. Non-RCTs were analyzed with a 9-point Newcastle-Ottawa scale (NOS) [21], with studies exhibiting low, intermediate, or high levels of risk, and receiving scores of \geq 7, 4-6, and < 4, respectively. Items of NOS included designation (4 points), ability for comparison (2 points), and exposure (3 points).

Data extraction

Two authors retrieved relative data and endpoints separately, and a third researcher resolved any conflict. Baseline data from each publication included first author, publication year, countries, types of design, cancer types, tumor stage, TAI methods, sample size, age, and gender. Outcomes of each study included complete response (CR) rate (CRR), treatment success (TS) rate (TSR), disease control (DC) rate (DCR), one-year/two-year/overall survival (OS) rate, and treatment-related toxicity.

Complete response was defined as complete absence of all target lesions [4,5]. TS was identified as cases of CR and partial response [5]. DC was defined as cases of TS and stable disease [5]. OS was calculated from initial treatment to death. TSR was the primary endpoint in this meta-analysis.

Statistical analyses

RevMan v. 5.3 and Stata v. 12.0 were employed. Dichotomous variables were pooled depending upon odds ratios (ORs) with 95% confidence intervals (CIs), while continuous variables were combined depending on mean difference (MD), with 95% CI. Heterogeneity was assessed by χ^2 and l^2 tests, with $l^2 > 50\%$ suggesting significant heterogeneity. Random effects models were employed for significant heterogeneity, while fixed-effects models were employed for significant homogeneity. Heterogeneity sources were analyzed through sensitivity/sub-group assessments. Sub-group analysis was completed based on different cancer types. Funnel plots and Egger tests were utilized for evaluating publication bias risks.

Results

Study inclusion

We found 325 relevant studies using the research strategy. After reviewing the abstract and full articles, only 8 studies were included in this meta-analysis (Figure 1). There were 3 RCTs and 5 retrospective studies in the included studies (Table 1). All included studies were from Chinese researchers.

Three hundred and seventy-seven patients underwent combined TAI and ISI treatment (combined group), and 397 patients underwent TAI alone (TAI alone group). The ISI was performed under CT guidance. The results of therapeutic endpoints are shown in Table 2.



Fig. 1. Studies selection of the present meta-analysis

Study, year, country [Ref.]	Study design	Cancer type	Group	Sample size	Age (years)	M/F ratio	Stage	NOS
Guo, 2012, China [11]	RCT	NSCLC	Combined	103	63.4 ±10.1	151/55	III, IV	-
			TAI alone	103	for all	for all	for all	
He, 2012, China [12]	Retrospec- tive	NSCLC, SCLC	Combined	43	68	28/15	III: 19 IV: 24	8
			TAI alone	65	67	42/23	III: 27 IV: 38	
Li, 2007, China [13]	RCT	NSCLC	Combined	15	70.5 for all	19/11 for all	III for all	-
			TAI alone	15				
Li, 2014, China [14]	Retrospec- tive	NSCLC	Combined	24	62	Not given	III: 1 IV: 9	7
			TAI alone	32	62	Not given	III: 16 IV: 16	
Lin, 2017, China [15]	Retrospec-	NSCLC	Combined	34	45-82 for all	46/24 for all	IIIb, IV for all	7
	tive		TAI alone	36				
Xing, 2011, China [16]	Retrospec-	NSCLC,	Combined	57	59 for all	58/44 for all	III, IV	7
	tive	SCLC	TAI alone	45			for all	
Zhong, 2013, China [17]	Retrospec-	NSCLC,	Combined	60	56.5 for all	68/52 for all	III, IV	7
	tive	SCLC	TAI alone	60			for all	
Zhu, 2020, China [18]	RCT	NSCLC	Combined	41	67.56 ±7.78	29/12	III: 24 IV: 17	-
			TAI alone	41	68.08 ±7.43	30/11	III: 21 IV: 20	

Table 1. Characteristics of the included studies

NOS – Newcastle-Ottawa scale, RCT – randomized controlled trial, NSCLC – non-small-cell lung cancer, SCLC – small-cell lung cancer, TAI – trans-arterial chemical infusion, M – male, F – female

Study	Trans- arterial treatment	Group	CRR	TSR	DCR	1-year sur- vival rate	2-year sur- vival rate	OS
Guo [11]	TAI	Combined	Not given	40.8%	Not given	Not given	Not given	15.1 months
			Not given	22.3%	Not given	Not given	Not given	10.1 months
He [12]	TAI	Combined	48.0%	84.0%	94.0%	90.7%	Not given	Not given
		TAI alone	0.0%	45.1%	78.4%	64.6%	Not given	Not given
Li [13]	TAI	Combined	60.0%	86.7%	Not given	Not given	Not given	Not given
		TAI alone	0.0%	53.3%	Not given	Not given	Not given	Not given
Li [14]	TAI	Combined	Not given	Not given	Not given	Not given	Not given	22.8 months
		TAI alone	Not given	Not given	Not given	Not given	Not given	14.2 months
Lin [15]	TAI + E	Combined	26.5%	76.5%	91.1%	Not given	Not given	Not given
		TAI alone	5.6%	50.0%	66.7%	Not given	Not given	Not given
Xing [16]	TAI	Combined	Not given	82.5%	Not given	82.5%	63.2%	Not given
		TAI alone	Not given	46.7%	Not given	33.3%	6.7%	Not given
Zhong [17]	TAI	Combined	50.0%	86.7%	96.7%	Not given	Not given	Not given
		TAI alone	23.3%	46.7%	60.0%	Not given	Not given	Not given
Zhu [18]	TAI	Combined	39.0%	82.9%	95.1%	87.8%	68.3%	Not given
		TAI alone	22.0%	61.0%	90.2%	73.2%	46.3%	Not given

Table 2. Characteristics of the treatments

TAI – trans-arterial infusion, E – embolization, CRR – complete response rate, TSR – treatment success rate, DCR – disease control rate, OS – overall survival



Fig. 2. Cochrane's risk of bias assessment for included RCTs

Quality evaluation

Figure 2 shows the bias risk of RCTs. All RCTs had an unclear risk of performance, detection, reporting, and other bias [11,13,18]. One RCT also had an uncertain risk for selection bias [13]. NOS concerning retrospective investigations ranged from 7 to 8 (Table 1).

Complete response rate

Five studies provided the results of CRR [12,13, 15,17,18]. The pooled result indicated that CRR was significantly increased within the combination cohort than in the TAI cohort (44.0% vs. 12.3%, p = 0.001; Figure 3A). The heterogeneity was significant ($l^2 = 62\%$).

The sensitivity analysis indicated that the significant heterogeneity disappeared ($l^2 = 28\%$) after removing He *et al.* study [12]. However, the CRR was still significantly increased in the combination cohort rather than in the TAI cohort (42.7% vs. 16.4%, p = 0.004).

Treatment success rate

Seven studies provided the results of TSR [11-13,15-18]. The pooled result indicated that TSR was significantly higher in the combined group than that in the TAI alone group (71.1% vs. 41.6%, p < 0.00001; Figure 3B). The heterogeneity was not significant ($I^2 = 7\%$), and sensitivity analysis was not required.

Disease control rate

Four studies provided the results of DCR [12,15,17,18]. The pooled result indicated that DCR was significantly increased within the combination cohort than in the TAI cohort (94.6% vs. 72.9%, p < 0.00001; Figure 3C). The heterogeneity was not significant ($l^2 = 26\%$), and sensitivity analysis was not required.

1-year survival rate

Three studies provided the results of 1-year survival rate [12,16,18]. The pooled result indicated that 1-year survival rate was significantly increased within the combination cohort than solely within the TAI cohort (86.5% vs. 57.6%, p < 0.00001; Figure 3D). The heterogeneity was not significant ($l^2 = 29\%$), and sensitivity analysis was not required.

2-year survival rate

Two studies provided the results of 2-year survival rate [16,18]. The pooled result indicated that 2-year survival rate was increased within the combination cohort than in the TAI cohort without significance (65.3% vs. 25.6%, p = 0.08; Figure 3E). The heterogeneity was significant ($l^2 = 88\%$). However, there were only 2 studies for this endpoint. Therefore, sensitivity analysis could not be performed.

Overall survival

Two studies provided the results of OS duration [11,14]. The pooled result indicated that OS duration was significantly longer within the combination cohort than in the TAI cohort (p = 0.0002; Figure 3F). The heterogeneity was significant ($l^2 = 98\%$). However, there were only 2 studies for this endpoint. Therefore, sensitivity analysis could not be performed.

Myelosuppression

Two studies provided the results of myelosuppression rate [12,15]. The pooled result indicated that myelosuppression rates were comparable between both the cohorts (50.0% vs. 64.4%, p = 0.29; Figure 3G). The heterogeneity was significant ($I^2 = 66.0\%$). However, there were only 2 studies for this endpoint. Therefore, sensitivity analysis could not be performed.

Gastrointestinal reaction

Two studies provided the results of gastrointestinal reaction rate [12,18]. The pooled result indicated that the gastrointestinal reaction rate was significantly higher in the TAI alone group than in the combined group (50.0% vs. 36.3%, p = 0.02; Figure 3H). The heterogeneity was not significant ($l^2 = 48\%$), and sensitivity analysis was not required.

Sub-group evaluations

The sub-group evaluations were conducted depending on different cancer types (Table 3). Five studies only included NSCLC [11,13-15,18], and 3 studies included both NSCLC and small-cell LC (SCLC) [12,16,17]. When focusing on the NSCLC alone, the CRR (p = 0.02), TSR (p < 0.0001), and DCR (p = 0.02) were significantly elevated in the combination cohort than in the TAI cohort. When focusing on the NSCLC and SCLC, the TSR (p < 0.0001), DCR (p < 0.0001), and one-year survival rates (p < 0.0001) were significantly increased in the combination cohort

1	۸
r	7

Study or	Comb	oined	TAI	alone	Weight	Odds ratio		Odds ratio		0	
sub-group	Events	Total	Events	Total		M-H, random, 95% Cl	-	M-H, ra	ndom, 9	95% CI	
He 2012	24	50	0	51	10.3%	95.23 (5.57, 1628.06)					
Li 2007	9	15	0	15	9.6%	45.31 (2.28, 898.87)			-		
Lin 2017	9	34	2	36	20.2%	6.12 (1.21, 30.83)					
Zhong 2013	30	60	14	60	31.2%	3.29 (1.50, 7.19)				-	
Zhu 2020	16	41	9	41	28.6%	2.28 (0.86, 6.00)			+		
Total (95% CI)		200		203	100.0%	6.11 (2.09, 17.89)					
Total events	88		25								
Heterogeneity:	$Tau^2 = 0.$	80, $\chi^2 =$	10.52, df	= 4 (p =	$0.03), I^2 =$	62%	·			+	
Test for overall	effect: Z	= 3.30 (p = 0.001	0)			0.01	0.1	1	10	100
								TAI alone		Combined	

1	D
	к
	0

Study or sub-group	Comb Events	oined Total	TAI Events	alone Total	Weight	Odds ratio M-H, fixed, 95% CI		Od M-H, fi	lds ratio ixed, 95% CI	
Guo 2012	42	103	23	103	39.4%	2.39 (1.30, 4.40)				
He 2012	42	50	23	51	10.5%	6.39 (2.51, 16.29)				
Li 2007	13	15	8	15	3.1%	5.69 (0.94, 34.46)				
Lin 2017	26	34	18	36	11.9%	3.25 (1.16, 9.08)				
Xing 2011	47	57	21	45	11.9%	5.37 (2.19, 13.20)				
Zhong 2013	52	60	28	60	10.8%	7.43 (3.02, 18.28)				
Zhu 2020	34	41	25	41	12.3%	3.11 (1.11, 8.68)				
Total (95% CI)		360		351	100.0%	4.01 (2.86, 5.62)			•	
Total events	256		146							
Heterogeneity:	$\chi^2 = 6.46,$	df = 6	(p = 0.37)	, $I^2 = 7\%$						
Test for overall effect: $Z = 8.04$ ($p < 0.00001$)							0.01	0.1	1 10	100

TAI alone

Combined

-
-

Study or	Com	oined	TAI	alone	Weight	Odds ratio		Odd	ls ratio	
sub-group	Events	Total	Events	Total		M-H, fixed, 95% CI		M-H, fix	ed, 95% Cl	
He 2012	47	50	40	51	31.9%	4.31 (1.12, 16.53)			_	
Lin 2017	31	34	24	36	27.7%	5.17 (1.31, 20.39)			—	
Zhong 2013	58	60	36	60	16.1%	19.33 (4.31, 86.75)				
Zhu 2020	39	41	37	41	24.3%	2.11 (0.36, 12.20)				
Total (95% CI)		185		188	100.0%	6.44 (3.17, 13.05)				
Total events	175		137							
Heterogeneity:	$\chi^2 = 4.05$	df = 3	(p = 0.26)	$, I^2 = 26$	%		H	+		
Test for overall	effect: Z	= 5.16 (p < 0.000	01)			0.01	0.1	1 10	100
			-					TAI alone	Combined	

D

Study or	Comb	oined	TAI	alone	Weight	Odds ratio		0	dds rat	tio	
sub-group	Events	Total	Events	Total	0	M-H, fixed, 95% CI		М-Н,	fixed, 9	95% CI	
He 2012	39	43	42	65	32.0%	5.34 (1.69, 16.82)			-		
Xing 2011	47	57	15	45	30.3%	9.40 (3.74, 23.63)					
Zhu 2020	36	41	30	41	37.7%	2.64 (0.83, 8.45)			+	•	
Total (95% CI)		141		151	100.0%	5.55 (3.02, 10.21)				•	
Total events	122		87			· · · · · ·					
Heterogeneity:	$\chi^2 = 2.83$,	df = 2	(p = 0.24)	$, I^2 = 29$	%						
Test for overall	effect: Z	= 5.52 (<i>p</i> < 0.000	01)			0.01	0.1 TAI alone	1	10 Combined	100

Ε

Study or	Coml	bined	TAI	alone	Weight	Odds ratio)	0	dds ratio		
sub-group	Events	Total	Events	Total	0	M-H, random, 95% Cl	[M-H, random, 95% CI			
Xing 2011	36	57	3	45	47.9%	24.00 (6.61, 87.10))				
Zhu 2020	28	41	19	41	52.1%	2.49 (1.01, 6.13))				
Total (95% CI)		98		86	100.0%	7.37 (0.78, 69.44))				
Total events	64		22			, ,					
Heterogeneity:	$Tau^2 = 2$.30, $\chi^2 =$	8.15, df	= 1 (p = 1)	$0.004), I^2 =$	88%				+	
Test for overall	effect: Z	= 1.75 (p = 0.08)	4	<i>,</i> .		0.01	0.1	1	10	100
		```	<i>.</i> ,					TAI alone		Combined	

Fig. 3. Pooled results of A) CRR, B) TSR, C) DCR, D) 1-year survival rate, E) 2-year survival rate

F												
Study or	Cor	nbined	Т	AI alo	ne	Weight	t Mean difference	ce	Mea	an differ	ence	
sub-group	Mean	SD Tot	al Mear	1 SD	Total	U	IV, random, 95% (	CI	IV, ra	ndom, 9	95% CI	
Guo 2012	15.06	1.03 10	3 10.12	1.78	103	50.6%	4.94 (4.54, 5.3)	4)				
Li 2014	22.8	1.9 24	4 14.2	1.3	32	49.4%	8.60 (7.72, 9.4	8)				
Total (95% C	CI)	12	7		135	100.0%	6.75 (3.16, 10.3	3)		•		
Heterogenei	ty: Tau ² =	6.58, χ ² =	= 54.83, di	f = 1 (p	o < 0.000	01), I ² =	= 98%	·				—
Test for over	rall effect:	Z = 3.69	(p = 0.000)	2)				-100	-50	0	50	100
									TAI alone		Combined	
G												
Study or	Co	mhined	TAI	alone	Wei	oht	Odds ratio	,	(	Odds rat	io	
sub-group	Even	ts Total	Events	Total		M	-H. random, 95% Cl	, [	M-H.1	andom.	95% CI	
He 2012	27	50	40	51	51.4	1%	0.32 (0.14, 0.77)	)				
Lin 2017	15	34	16	36	48.6	5%	0.99 (0.38, 2.54)				_	
							(, ,			Т		
Total (95% C	CI)	84		87	100.	0%	0.56 (0.19, 1.66)					
Total events	42		56				( · · · )					
Heterogenei	ty: Tau ² =	$0.41, \chi^2 =$	= 2.92, df	= 1 (p =	= 0.09), 1	$^{2} = 66\%$	)	H	+			
Test for over	rall effect:	Z = 1.05	(p = 0.29)		,			0.01	0.1	1	10	100
									TAI alone		Combined	
Н												
Study or	Co	mbined	TAI	alone	Wei	ght	Odds ratio	)	(	Odds rat	io	
sub-group	Even	ts Total	Events	Total	l	0	M-H, fixed, 95% Cl	[	M-H	, fixed, 9	5% CI	
He 2012	29	50	42	51	82.9	9%	0.30 (0.12, 0.74)	)				
Zhu 2020	4	41	4	41	17.1	%	1.00 (0.23, 4.30)	)	-	-0-	_	
Total (95% C	CI)	91		92	100.	0%	0.42 (0.20, 0.89)	)				
Total events	33		46									
Heterogenei	ty: $\chi^2 = 1.9$	92, df = 1	(p = 0.17)	$I^2 = 4$	8%			⊢	+		+	
Test for over	rall effect:	Z = 2.26	(p = 0.02)					0.01	0.1	1	10	100
									Combined		TAI alone	

Fig. 3. Cont. F) OS duration, G) myelosuppression rate, and H) gastrointestinal reaction rate between the two groups

	Number of studies	OR or HR (95% CI)	Heterogeneity	Favor
NSCLC and SCLC				
CRR	2	14.11 (0.35, 563.88), <i>p</i> = 0.16	$l^2 = 84.0\%$	_
TSR	3	6.36 (3.76, 10.76), <i>p</i> < 0.0001	$l^2 = 0.0\%$	Combined
DCR	2	9.35 (3.55, 24.64), <i>p</i> < 0.0001	$l^2 = 54.0\%$	Combined
1-year survival rate	2	7.31 (3.53, 15.15), <i>p</i> < 0.0001	$l^2 = 0.0\%$	Combined
NSCLC alone				
CRR	3	5.22 (1.29, 21.08), <i>p</i> = 0.02	$l^2 = 53.0\%$	Combined
TSR	4	2.83 (1.81, 4.44), <i>p</i> < 0.0001	$l^2 = 0.0\%$	Combined
DCR	4	3.74 (1.28, 10.88), <i>p</i> = 0.02	$l^2 = 0.0\%$	Combined

Table 3. Meta-analytic results based on the studies with different types of cancer

OR – odd ratio, HR – hazard ratio, CRR – complete response rate, TSR – treatment success rate, DCR – disease control rate, NSCLC – non-small-cell lung cancer, SCLC – small-cell lung cancer

than in the TAI cohort. However, CRRs were comparable between the two groups (p = 0.16).

# Discussion

The present meta-analysis provided a comprehensive evaluation of combined TAI and ISI therapy for patients with advanced LC. The clinical efficacy was mainly evaluated based on treatment response, long-term survival, and treatment-related toxicity.

For the patients with advanced LC, traditional systemic chemotherapy and radiation therapy should be initially considered [2]. However, some patients may be difficult to treat with standard chemotherapy and thoracic radiation therapy as a result of poor Eastern cooperative oncology group performance status (ECOG PS) ( $\geq$  2),

#### **Publication bias**

Egger tests showed no significant risk of publication bias on the endpoints of CRR (p = 0.744), TSR (p = 0.356), DCR (p = 0.451), and 1-year survival rate (p = 0.225). For the endpoints of two-year survival rate, OS duration, myelosuppression rate, gastrointestinal reactivity rate, and quantities of included studies were smaller than 3; therefore, Egger test could not be used, whereas funnel-plots did not show significant publication bias risks. advanced age ( $\geq$  70 years), severe hepatic failure, severe respiratory failure, refusal of traditional chemotherapy, or failure to treat with standard therapy [4-7]. Under this condition, local treatments including ISI and TAI are usually used for patients who are difficult to treat with standard therapy [4-7].

Therapeutic consequences are vital outcomes concerning oncology therapy investigations [22-25]. However, in previous studies, the clinical efficacy of TAI and ISI alone was limited, with the CRRs ranging between 0.0-2.5% and 12.5-23.0%, respectively [4,6,7,26]. In addition, TAI alone was usually limited by multiple feeding arteries of the tumor [4,6]. On the other hand, ISI could constantly release reduced energy gamma rays and maintain tumor areas irradiated [27]. However, the clinical efficacy of ISI can be further improved using adjuvant chemotherapy [5]. Therefore, many researchers combined ISI and TAI together to achieve a better treatment effect for advanced LC.

In the present study, the pooled CRRs indicated that ISI could significantly improve the clinical efficacy of TAI for advanced LC. Furthermore, the pooled CRR of combined treatment was 44.0% higher than in previous studies [4,6,7,26]. A previous meta-analysis found a pooled CRR of 21.5% after combined ISI with systematic chemotherapy [5], which was lower than in the present study. This finding can be attributed to the first-pass effect as a mechanistic path adopted by TAI [4]. Localized potentiation of chemical medication within the designated lesion region employing TAI could obtain 2-6× fold efficacy compared to conventional systematic chemotherapeutic options [28].

The significantly improved TSR and DCR were also observed in the combined group. However, CR could not be achieved by half of the treated patients, while the pooled TSR and DCR of combined treatment could reach up to 71.1% and 94.6%, respectively. Furthermore, the low heterogeneity of these endpoints also improved the stability of pooled results. These findings indicate that combined treatment is superior to TAI alone in treatment response, while combined treatment can control the LC progression in most patients.

The survival function was assessed by the survival rates and OS duration in this meta-analysis. Previous studies reported the median OS duration for advanced LC of 9-16 months, with 28.0-31.0% one-year survival rates after TAI or ISI alone [4,6,7]. Our pooled one-year survival rate and OS duration were significantly superior within the combination cohort than within the TAI cohort. Furthermore, the 1-year survival rate after combined treatment reached 86.5%. These findings can be attributed to better TSR and DCR after combined treatment. However, the significant heterogeneity of OS duration caused the result of OS and should be further validated.

The pooled 2-year survival rates were not significantly different between the two groups, which may indicate that combined treatment has a limited effect on long-term cancer control. This phenomenon may be attributed to the fact that the activity of ¹²⁵I seeds reduce along with the time flowed. However, high heterogeneity indicate unstable results. Further studies are still required for conclusive results.

Myelosuppression and gastrointestinal reaction were the most common treatment-related toxicity after chemotherapy. Our meta-analysis results indicated that ISI did not aggravate TAI-related toxicity. However, the significant heterogeneity of myelosuppression should be further validated.

Most chemotherapy and/or radiotherapy studies focused on NSCLC alone [22,23,27,28]. However, this metaanalysis included both NSCLC and SCLC. Therefore, we performed sub-group evaluation depending on the variable tumor models. The results indicated that cancer types did not influence the treatment effect of combined TAI and ISI. Although the CRRs were comparable between the two groups based on the sub-groups of NSCLC and SCLC. The significant heterogeneity ( $l^2 = 84\%$ ) indicated that this result requires further validation.

The present study had some limitations. Firstly, some investigations were retrospective in nature, and were associated with a high-risk of bias. In addition, some articles did not provide the data regarding stage and age distribution [11,13,15-17], which further increased the risk of bias. Therefore, more comprehensive RCTs are required. Secondly, TAI is a minimally invasive treatment that establishes a route to supply the local and low-dose chemotherapy. In this meta-analysis, TAI protocols, including types of medicine, dose, and circles of treatment were not the same in the included studies. These findings may further increase the risk of bias. Thirdly, multiple LC types possibly added further selection bias within such dataset outcomes. We did not perform sub-group analysis based on different tumor stages because the included original studies did not report the results based on different tumor stages. Therefore, an individual patient data (IPD) meta-analysis is needed to provide a more comprehensive and detailed results.

#### Conclusions

In conclusion, the present meta-analysis demonstrated that ISI could enhance TAI clinical efficacy in clinical cases of advanced LC, excluding the introduction of severe adverse events.

# Disclosure

The authors report no conflict of interest.

#### References

- Sun L, Ma JT, Zhang SL et al. Efficacy and safety of chemotherapy or tyrosine kinase inhibitors combined with bevacizumab versus chemotherapy or tyrosine kinase inhibitors alone in the treatment of non-small cell lung cancer: a systematic review and meta-analysis. *Med Oncol* 2015; 32: 473.
- Puri S, Saltos A, Perez B et al. Locally advanced, unresectable non-small cell lung cancer. *Curr Oncol Rep* 2020; 22: 31.
- 3. Yuan M, Zhai Y, Men Y et al. Endostar (rh-endostatin) improves efficacy of concurrent chemoradiotherapy for locally advanced non-small cell lung cancer: A systematic review and meta-analysis. *Thorac Cancer* 2021; 12: 3208-3215.

- Fu YF, Li Y, Wei N et al. Transcatheter arterial chemical infusion for advanced non-small-cell lung cancer: long-term outcome and predictor of survival. *Radiol Med* 2016; 121: 605-610.
- 5. Wu H, Li L, Yang J et al. Radioactive seeds insertion with chemotherapy for advanced non-small-cell lung cancer: A meta-analysis. *Clin Respir J* 2021; 15: 187-195.
- Yuan Z, Li WT, Ye XD et al. Intra-arterial infusion chemotherapy for advanced non-small-cell lung cancer: preliminary experience on the safety, efficacy, and clinical outcomes. *J Vasc Interv Radiol* 2013; 24: 1521-1528.e4.
- Li W, Guan J, Yang L et al. Iodine-125 brachytherapy improved overall survival of patients with inoperable stage III/ IV non-small cell lung cancer versus the conventional radiotherapy. *Med Oncol* 2015; 32: 395.
- Wei S, Li C, Li M et al. Radioactive iodine-125 in tumor therapy: advances and future directions. *Front Oncol* 2021; 11: 717180.
- Tian LJ, Liu HZ, Zhang Q et al. Efficacy and safety aiming at the combined-modality therapy of external beam radiotherapy (40 Gy) and iodine-125 seed implantation for locally advanced NSCLC in the elderly. *Cancer Manag Res* 2021; 13: 5457-5466.
- He Y, Li L, Liu J et al. Iodine-125 seed brachytherapy inhibits non-small cell lung cancer by suppressing epithelial-mesenchymal transition. *Brachytherapy* 2018; 17: 696-701.
- Guo GH. The clinical effect of ¹²⁵I radioactive particles in the transplantation within lungers of advanced non-small cell lung cancer in combination with gemcitabine and cisplatin bronchial arterial infusion. *China Modern Doctor* 2012; 50: 152-153.
- 12. He KW, Gao B, Qin HL et al. CT-guided percutaneous ¹²⁵I seed implantation combined with bronchial arterial infusion chemotherapy for lung cancers: observation of therapeutic efficacy. *J Intervent Radiol* 2012; 21: 554-558.
- Li YL, Wang YZ, Zhang FJ. Effect of curing central bronchogenic cancer by percutaneous interstitial ¹²⁵I particle implanting under CT guided in old patients. *Chin J Cancer Prev Treat* 2007; 14: 1818-1820.
- Li RF, Wang YD, Yan Y et al. Implantation of ¹²⁵I seeds for the treatment of non-small cell lung cancer: evaluation of shortterm effect. J Intervent Radiol 2014; 23: 65-68.
- 15. Lin H, Su XH. Effect observation of CT guided ¹²⁵I particle implantation combined with bronchial artery infusion chemotherapy and embolization in the treatment of advanced non-small cell lung cancer. *China Mod Med* 2017; 24: 51-54.
- Xing H, Cao GW, Ning HF et al. The clinical application of bronchial artery infusion with 125I radioactive seeds implantation for the treatment of advanced lung cancer. *J Med Imaging* 2011; 21: 1685-1688.
- 17. Zhong L. Clinical analysis of bronchial artery infusion combined with 125I seed implantation in the treatment of advanced lung cancer. *Medical Innovation of China* 2013; 10: 118-119.
- Zhu JF, Zhu HJ, Song XL. Curative effect and survival analysis of CT-guided ¹²⁵I interstitial implantation for the treatment of 41 cases of middle-aged and elderly patients with squamous cell carcinoma of the lung. *Mod Oncol* 2020; 28: 3911-3915.
- 19. Moher D, Shamseer L, Clarke M et al. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015 statement. *Syst Rev* 2015; 4: 1.
- Higgins JP, Altman DG, Gøtzsche PC et al. The Cochrane Collaboration's tool for assessing risk of bias in randomised trials. *BMJ* 2011; 343: d5928.
- Cook DA, Reed DA. Appraising the quality of medical education research methods: the medical education research study

quality instrument and the Newcastle-Ottawa scale-education. Acad Med 2015; 90: 1067-1076.

- 22. Nakanishi M, Demura Y, Umeda Y et al. Multi-arterial infusion chemotherapy for non-small cell lung carcinoma--significance of detecting feeding arteries and tumor staining. *Lung Cancer* 2008; 61: 227-234.
- Nakanishi M, Yoshida Y, Natazuka T. Prospective study of transarterial infusion of docetaxel and cisplatin to treat nonsmall-cell lung cancer in patients contraindicated for standard chemotherapy. *Lung Cancer* 2012; 77: 353-358.
- 24. Sumie S, Yamashita F, Ando E et al. Interventional radiology for advanced hepatocellular carcinoma: comparison of hepatic artery infusion chemotherapy and transcatheter arterial lipiodol chemoembolization. *AJR Am J Roentgenol* 2003; 181: 1327-1334.
- Qiu B, Zhang X, Tsauo J et al. Transcatheter arterial infusion for pancreatic cancer: a 10-year National Cancer Center experience in 115 patients and literature review. *Abdom Radiol* (NY) 2019; 44: 2801-2808.
- Kou F, Gao S, Liu S et al. Preliminary clinical efficacy of iodine-125 seed implantation for the treatment of advanced malignant lung tumors. J Cancer Res Ther 2019; 15: 1567-1573.
- 27. Chen C, Wang W, Yu Z et al. Combination of computed tomography-guided iodine-125 brachytherapy and bronchial arterial chemoembolization for locally advanced stage III non-small cell lung cancer after failure of concurrent chemoradiotherapy. *Lung Cancer* 2020; 146: 290-296.
- 28. Zhao G, Huang Y, Ye L et al. Therapeutic efficacy of traditional vein chemotherapy and bronchial arterial infusion combining with CIKs on III stage non-small cell lung cancer. *Zhongguo Fei Ai Za Zhi* 2009; 12: 1000-1004.